

# Stonehenge Therapeutic Community

## Suggested Items

*In an effort to make integrating into Stonehenge Therapeutic Community easier, the following is a list of suggested items you may bring into the program. You do not have to have all of these items; however, we do have set **maximum allowable numbers** for those items that you do bring.*

### **Luggage**

- 2 Suitcases or duffel bags
- 1 Purse

### **Self Care**

- 2 Towels
- 2 Facecloths
- 1 Bottle of shampoo
- 1 Bottle of conditioner
- 1 Container of laundry soap
- 1 Container of fabric softener
- 1 ZipLoc freezer bag of makeup
- 1 ZipLoc freezer bag of hair supplies
- 1 ZipLoc freezer bag of self care products
- 1 Toothbrush
- 1 Tube of toothpaste
- 1 Container of mouthwash (non- alcoholic)
- 1 Hairdryer/straightener

### **Footwear**

- 3 Pairs of outdoor footwear (sneakers, boots, etc)
- 1 Pair of indoor footwear (slippers, sandals, etc)

### **Clothing**

- 15 Shirts of any kind
- 15 Pairs of socks
- 12 Pairs of underwear
- 7 Pairs of shorts/capris/skirts
- 7 Pairs of long pants (any kind)
- 7 Bras
- 3 Pairs of pajamas/bedwear
- 2 Hats (4 during winter)
- 2 Pairs of gloves
- 2 Seasonal coats
- 1 Bathrobe

### **Accessories**

- 10 CD's
- 5 Books
- 2 Picture frames
- 1 Travel mug
- 1 Picture album
- 1 Notebook/journal
- Pens/Writing Materials
- Envelopes/Stamps

***PLEASE NOTE: Residents are allowed to bring the following items upon entering the program: cigarettes, phone cards, refills of prescribed medication and vitamins (vitamins must be in their original, sealed, unopened container).***

*Please contact the appropriate Admissions Coordinator at Stonehenge Therapeutic Community if you have any questions or concerns:*

Women's Program	(519) 837-1470	x226
Men's Program	(519) 837-1470	x227