



Specialized Medical
Addictions & Mental Health
Outreach Services

Specialized Outreach Services (SOS) is a flexible and responsive regional service for individuals 18 years and older who are:

- Homeless / at risk of homelessness and street-involved
- Living with mental health / addiction / concurrent issues
- Experiencing physical health issues
- Disconnected from services

Each SOS multidisciplinary team is comprised of an RN / RPN, a counselor / support coordinator and a peer worker.

The teams possess comprehensive knowledge of addictions and mental health and are based in Kitchener-Waterloo, Guelph and Cambridge. The service is grounded in the philosophies of recovery / resilience and harm reduction.

The range of services provided includes:

- Support to access and maintain primary care relationships
- Supportive counselling and outreach support
- Referrals and support to access community resources
- Supportive nursing care

To see if an individual you are supporting is a good fit for SOS, please contact:

In Cambridge:

519 841 3811

In KW:

519 575 5282

In Guelph:

519 212 7824

Specialized Outreach Services are provided through an integrated partnership between Canadian Mental Health Association Waterloo Wellington Dufferin, Stonehenge Therapeutic Community, The Working Centre and Guelph Community Health Centre.



Funded By:

Ontario

Waterloo Wellington Local
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